



The Phoenix NEWSLETTER

Dapto High School

Cleveland Rd Dapto NSW 2530 Ph: (02) 4261 1416

Fax: (02) 4261 2584 Email: dapto-h.admin@det.nsw.edu.au

Internet: <http://www.schools.ash.org.au/daptohigh>

Thursday 26th March 2009

Term 1 Week 9

Come celebrate 'Earth Hour'

Saturday night.

Marvellous to know so many families are keen to be involved in this weekend's Earth Hour; a global effort to reduce carbon rich energy consumption; a community effort to encourage us all to become involved. This weekend DHS is making a serious effort to use minimal energy over the 64 'non-operational' hours. **Mr Bateman** and some of his hard working students will be visiting classrooms and staff rooms last thing Friday to make sure as many non-essential appliances [computers, fans, copiers, zip heaters etc] are turned off.

Ride-2-school Day success.

Some 97 students registered their cycles/scooters/skateboards on Wednesday. **Ms Trish Law** rode from the northern suburbs of Wollongong and **Ms Margaret Crump** rode her motorbike! Well done team. **Brad Wallace P'09** was the lucky winner of a new helmet valued to \$50. Congratulations to all those involved. Those who walked also deserve recognition, the number of walkers is also up since the new bridge was completed and better bus travel arrangements made. Traffic congestion has been reduced as a result. Families are also reminded of the '2 minute drop off zone' in Marshall St. Thanks are also due to the Warilla Police who organised for the policing volunteer group to attend and engrave equipment.

HSIE Y10 Field Day : a delighted and proud Head Teacher, Mr McLeod comments.

The field trip to Sydney was a great success. The students were excellent, they engaged with the presenters at each venue and seemed to get a great deal from their visits. They were a credit to DHS, to themselves, their parents and I am sure to their Year Advisors also. **Ms Sharon Moran's** organisation of today's trip to Sydney was exceptional. I am sure that she was ably assisted by **Deb Steel**. **Lynne Dron** was a tower of strength, managing a group of 17 students on her own. The staff ensured that all matters were covered to a very high standard, and should be commended for their diligence and application. **Dave Batman's** management of the Warilla Beach visit together with the very capable support of the attending staff, was successful. **Dave** spent a considerable amount of time coordinating Killalea Field Centre to suit our students' needs, and his efforts in field work are well worth mention. Today was a great reminder of why we teach these young people. DHS has a great tradition of offering these types of experiences, and the students haven't let us down in any way. The staff have stepped up the plate and arranged a truly valuable experience.

Cross Country Festival

Early to bed and a healthy breakfast please. On Friday 27, our 52nd Annual Cross Country races will be held in periods 3-5. Students are encouraged to wear their House colours, all students are expected to participate. Parents are invited to attend, please register at our main office. Our Sports Committee will be holding a BBQ and a face painting clinic; a little extra cash would be good. As **Mr Horsley** says; "Run because you can!"

Andrew Fitzsimons

Principal

GREAT BARRIER REEF EXCURSION

A reminder to all parents and students that a deposit should now have been paid to the front office. Thank you to all the parents who are offering this marvellous experience to their child, at last count a record 79 students and what a great idea, some parents have indicated that they will use the Rudd "cash splash" to pay the cost. Another chance to commend Year 10 for their excellent performance at the recent Geography/History fieldwork. What a great bunch of students, it is looking very favourable for our trip to the reef. Students should continue to prepare themselves for their School Certificate exams and approach any staff member for guidance or advice. Looking forward to great results for a great bunch of students. Keep up the good work Year 10.

Mr S McLeod

HT HSIE Department

WORK EXPERIENCE

I would like to take this opportunity to share my thoughts about my "work experience". Last week **Mr Chamberlain** and **Miss Crump** helped organise a full weeks work for me at Harvey World Travel, Dapto. During my time there I gained a valuable insight into the industry. My duties included filing, invoices, handling documents, brochure stamping and displaying. I found the staff friendly and helpful and I enjoyed my time there. I could see myself working in this type of environment. I recommend all Year 10 students to try work experience. I would like to thank my mentor and positive role model, **Mr Colin Sherack** for his assistance with transport and introduction on my first day.

Jean-Luc Garcia

Year 10

BOOK REVIEW

"The Recruit" This is the first of **Robert Muchamore's** CHERUB series. Cherub is an organisation that hires kids as spies or undercover agents to stop terrorist attacks and the like. In this book we follow the story of **James**, who ends up working for Cherub after a whole lot of training, following a tragic death. He unearths a plot made by some hippies who intend to kill a whole lot of people

with anthrax. The book was fairly good and had a decent story line. It is page turning and would probably be good for people who don't read very often because it is fairly basic and isn't very in depth. I recommend it to anyone who is interested in action/adventure genres. I would probably give this book a 7/10.

Steven Hall

Year 10

CROSS COUNTRY-SO MUCH MORE THAN A RUN!

On Friday 27th March the annual DHS Cross Country will be run on the school ovals. After the Huntley House took out the swimming carnival, expectations are high for yet another victory. All students are expected to participate and a record number of staff will be accepting the challenge of running/powerwalking with the students. Years 10, 11 and 12 will compete during period 3 while Years 7, 8 and 9 will run during period 4 and 5. The carnival is set to continue with the interactive theme with students invited to bring in their own music to play over the loud speakers (20c a request). Feeling adventurous? Wear your house colours for the day or get the Sports Committee to paint your face (50c for racing stripes and \$1 for a full facial). You can fill up on Gatorade (50c a cup) or even grab a sausage sandwich (\$1.50). If all else fails, simply enjoy the thrill of physical activity. The first 10 runners in each age group are eligible to compete at the Zone Carnival to be held on Friday 15th May (Week 3) at Integral Energy Field, Darkes Road, West Dapto. Last year DHS won the Zone Country Carnival, which was a fantastic achievement! Hopefully we can repeat this performance in 2009, Parents are invited to visit and cheer, please "sign on" at the main office.

Mr A Horsley

PD/H/PE

HIGH ACHIEVERS

Congratulations to the following students who achieved 100% in a Mathematics Assessment Task this year:

Blake Johnson	Y12
Kirstie Smith	Y11
Brittany Garrity	Y11
Andrew Jackson	Y11
Jessica Barnes	Y10
Bridget Robson	Y9
Ryan Thurner	Y8
Aaron Losenkovski	Y8

H. Clancy

HT Mathematics

DRAMA NEWS

The term has flown by, but all Drama students have shown a focussed approach to their work and ALL classes are creating sophisticated performances. Well done to Y9 and Y11 who have just completed their first assessment task and good luck to Y10 for their tasks next week.

On an aesthetic front – the Bunyip is getting a facelift! Thanks to the P&C we will be getting stage curtains to complete the professional theatre look. On another note, elective students are starting to get excited about our excursion to Sydney to see CHICAGO – The musical. Stay tuned for more info.

R. Gilbert

Drama Teacher

FIRST 6 WEEKS AT DAPTO HIGH SCHOOL

My first six weeks at Dapto High have been pretty good. On the first day it was fun and scary at the same time. I met heaps of new friends and new teachers. High school is different than primary school. It was hard to remember where all my classrooms were but I got used to it. By Week 3 I knew where all my classrooms were and who all my teachers were. During Week 4 we were allowed to light the Bunsen burner and I burnt myself twice. Some advice for everyone be careful where you hold the match over the Bunsen burner. We also had a health assignment, it is about myself and it is due in Week 9. In Week 7 we had our Peer Support Camp at

Shoalhaven Heads. I was excited about this, four days with my friends camping...it was so much fun. High school is nothing like I thought it would be, it's better. So for all Year 6 students reading this DON'T BE SCARED, YOU ARE GOING TO LOVE IT!!!!!!.

Dimity Quinlan

Year 7

My first 6 weeks at Dapto High were great. I met new people. I met new teachers. Some of my teachers are Mr Fitzsimons–Principal, Mr Meyns–English, Miss Imber–Science, Miss Stewart–HSIE, Miss Buntin–Language, Mr Wilson–Science, Mr Kirk–Design and Technology, Mr Cattle–PE, Miss Mayhew– Music and Art.

Some more of things that are great about high school are you are in a totally different environment and high school is so much bigger. In the first week you may get lost a bit but don't worry it's normal. I got lost in my first week. In week two I got heaps of homework in Maths. In Science I don't get any homework. Anyway don't be scared of coming to high school it's heaps of fun and not scary at all. HAVE FUN!

Tahlia Christofides

Year 7

BAR COURSE

(RSA+ RCG + Intro Bar Course)

Money (Cheque to Coast to Country Training Services) or cash \$180 and your application form to the office by this Friday 27th March. Course run second week of holidays. See Careers Adviser for details.

M Crump

Careers

WORK OPPORTUNITIES FOR WOMEN

Do you want to get back into the workforce? Are you interested in being employed as a clerical assistant? Would you like the opportunity to update your skills for go on to further study? Don't know where to start? Why not enrol in this course being offered at TAFE Shellharbour Campus. There is no administration fee and all courses are run within school hours and terms.

The WORK OPPORTUNITIES for WOMEN INTRODUCTION to BUSINESS ADMINISTRATION is run on Thursdays and Fridays at 9:30 till 2:30 commencing on Thursday 30th April and finishing on Friday 26th June. There will be an information session held at the Shellharbour Campus on Monday 6th April, 2009 at 10:0am – Block J – Room JG08. Enrolment will occur at this information session.

For further information phone 4221 8939.

HIP HOP DANCE CLASSES

Where? Unanderra Community Centre
Cnr. Princes H'way and Factory Rd
Unanderra.

When? Tuesday afternoons 4pm-5pm for 8 weeks commencing 5th May and running till 23rd June.

Cost? FREE

Register by Friday 17th April. Contact Tanya Jackson – Youth Worker for more info. on 4272 5582.

TEACHER OF THE WEEK

JOHN HEINENGER

**For his wonderful work at the Year 7
Peer Support Camp**

DIARY DATES

Friday 27th March	School Cross Country
Wednesday 1st April	Yr 10X Commerce Excursion
Thursday 2nd – Thurs 9th April	Yr 12 ½ Yearly Exams
Sunday 5th April	Daylight Saving Ends
Sunday 5th – Tues 7th April	CHS Swimming
Monday 6th April	Kayaking Excursion
Tuesday 7th April	West Dapto Seminar Dapto Leagues 6-7:30pm Kayaking Excursion
Wednesday 8th April	Climate Change Community of Schools Meeting
Thursday 9th April	Excursion to Easter Show Term 1 Ends
Friday 11th April	Good Friday

MISSION AUSTRALIA – DAPTO

Offers a free counselling service for problem gamblers and their friends and family. The counselling is confidential, caring and non-judgemental.

We also offer Financial counselling, a free service to assist people with organising their finances and to negotiate with creditors if necessary. Available to all members of the community.

For a confidential appointment phone 4261 8728.

DAPTO LITTLE ATHLETICS NEWS

Dapto Little Athletics has been running successfully at Dapto High School grounds for a number of years. The season is now coming to a close. We had 17 of our athletes compete at the State Championships at Olympic Park at Homebush last weekend. Congratulations to our athletes, especially those from our school. Well done, **Amy Woods** Y12, **Ryan Johnson** Y11, **Zoe Jiggins** Y8 and **Matthew Oswald** Y7. **Michaela Gambuzza** Y10 was selected but couldn't compete due to injury.

Huge congratulations to Matthew Oswald who walked particularly well and achieved first place and the gold medal in the 1500m walk.

THURSDAY GOLF

Last week's winners for the nearest the pin were 1st **Brad Penrose** and 2nd **Ryan Green**

PARENTING COURSES

Centrecare is running the following Family Skills training courses at various venues in and around Wollongong during Term 2 2009.

Three Choices – This time tested 3 week course provides easy to follow steps for disciplining children.

Parenting Toddlers – This workshop includes three sessions full of information, skill building and sharing. The course will look at ages and stages of pre-schoolers and what parents can realistically expect.

Keeping Kids in Mind – a post-separation parenting program. Learn how to deal more effectively with the emotional and practical issues of parenting after separation; loss and grief for parents and children; communicating with you ex-partner; anger, assertiveness, power grabs and impact on the children.

Parenting Children with Challenging Behaviour - Realistic behaviour management for difficult children including ADHD, Oppositional and Defiant Children, Asperger's or children who are simply extra challenging.

Building Confident Families – Strategies for building self-esteem and confident families. Covers issues such as learning self-esteem, positive communication, parent/child relationships and assertiveness.

How to Raise Resilient Kids – Practical ideas shared about creating emotional connection, problem solving, valuing your child, developing your parenting style, family belonging and traditions.

Ideas for Parents – Children's growth and development, understanding behaviour, conflict management, communication and behaviour management strategies.

For times, venues, dates and costs or for any further information regarding these courses please phone 4254 9316.

Bookings are essential for all courses and child minding is available at some.