

Counter Items

- Counter items may be included in lunch order
- Frozen items cannot be included in lunch order

Fruit, Yoghurt & Snacks

Pizza bread	0.40
(Slice of baguette, tomato paste, cheese, oven baked)	
Bread stick	0.10
Nosh Deli Chips Plain Salted	1.00
Koala Popcorn Plain Salted	0.80
Gingerbread Man	1.50
Cookie (Homemade)	0.50
Apple & Cinnamon Muffin (Homemade)	0.50
Banana Bread (Homemade)	0.50
Slinked apple (Fresh canteen apple)	0.50
Slinked apple (BYO apple from home)	0.10
Fresh Fruit – seasonal	0.30
Fruit straps	0.50

Frozen Items

Mini frozen yoghurt cups (Homemade)	0.20
Frozen pineapple ring (Homemade)	0.30
Quelch fruit stick	0.50
Berri frozen juice cups	0.50
Moosies – chocolate	1.00
Lemonade Icy Pole	1.00
Bulla light vanilla ice cream tub, 100ml	1.00



OLGC Canteen

11 Currie St.
Forestville, NSW 2087
Phone: 9972 7311
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Open

Wednesday - Thursday - Friday
full recess and lunch menu

OLGC Canteen Menu

HEALTHY FOOD

HEALTHY MINDS

LET YOUR LIGHT SHINE

Lunch Order

Drinks served over the counter and may be included in lunch order

Sandwiches

CREATE YOUR OWN SANDWICH

NB: Canteen uses Mainland Butter Soft Low salt Butter

Start with Buttered Wholemeal Bread 1.00

Add any combination of the following:

Chicken, ham or tuna	1.00
Cheese	0.20
Grated Carrot	0.20
Beetroot	0.20
Lettuce	0.20
Tomato	0.20
Cucumber	0.20
Vegemite	0.20
Strawberry Jam	0.20
Baked Beans	0.20
Mayonnaise	0.20

Calculate the price of your sandwich \$ _____

Hot Food

Chicken breast nugget	0.40
Hot Corn cob	0.60
Pizza Bread (Slice of Baguette, tomato paste, cheese, oven baked)	0.40
Tub of Plain Rice	1.00
Twista Bolognaise	2.50
Sausage Roll	1.80
Travelers Meat Pie	2.20

Extras

Tomato Sauce (squeeze mate)	0.20
Lunch Bag	0.10
Yoghurt Tub 200gm (Strawberry or Vanilla)	1.20
Carrot Sticks – 6 sticks	0.20

AVAILABLE WEDNESDAYS & THURSDAYS ONLY!!

Nachos (Cornchips, bolognaise sauce & cheese)	3.00
Butter Chicken with Rice (Very mild Indian Butter Chicken)	3.80

AVAILABLE FRIDAYS ONLY!!

Sushi Rolls	2.40
Plain rice	
Chicken / lettuce	
Chicken schnitzel	
Avocado	
Cooked tuna / cucumber	
Cooked tuna / avocado	
Smoked salmon / avocado	
Beef	
Mini Baby Sushi (container):	4.00
Cucumber	
Avocado	
Cooked Tuna	

NB: Our Sushi is made fresh to order from Forestway Sushi Bar, Frenchs Forest.

Milk

Flavoured milk	1.20
chocolate	
strawberry	

Water and Juice

Bottled Water 600 ml	1.00
Juice Box 100% fruit juice	1.10
Apple	
Orange	
Tropical Punch	
OFK Sparkling Natural Fruit Drink Lemon, Grape or Strawberry	1.50

Fruit Slushie	\$2.00
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HOW TO ORDER:

Write your child's name and class on a paper lunch bag.

Write their order on the bag including prices and total. (Please do not order frozen items in lunch bags. Frozen items are only sold over the counter).

Place money in the lunch bag – if change is required it will be put back into the bag.

Place lunch order in canteen bag in classroom.